



APEC Digital Hub for Mental Health
Promoting Mental Health Equity in the APEC Region: Online Forum
September 28th, 2023 4:00-7:30 p.m. PST

Programme (time written in PST):

4:00-4:15pm: Welcome and Introduction to the APEC Digital Hub - Overview of the 2021-2030 Roadmap

Drs. Raymond Lam (Executive Chair) and Jill Murphy (Executive Director)

4:15-4:45pm: Mini-plenary #1

- **Results and Recommendations from the Technology and Equitable Access to Mental Health in a post-COVID Asia Pacific (TEAM-CAP) Study**

Dr. Jill Murphy, Executive director of APEC Digital Mental Hub and Research Associate, Department of Psychiatry, University of British Columbia, Canada

4:45-5:15pm: Lightning Talks Panel #1:

- **Promoting Mental Health Care in Peru**

Dr. July E. Caballero Peralta, Director of Mental Health, Ministry of Health, Peru

- **Youth Suicide in Southeast Asia**

Dr. Tae-Yeon Hwang, President of Korea Foundation for Suicide Prevention, South Korea

- **Using workplaces to make mental health education access more equitable**

Ms. Enoch Li, Managing Director, Bearapy and International Lived Experience Advisory Panel Co-Chair, China

5:15-5:45pm: Lightning Talks Panel #2:

- **Deinstitutionalization and Regional Economic Growth**

Dr. Hiroto Ito*, Professor at Tohoku Medical and Pharmaceutical University and Dr. Toshihiro Nagano, Director of Shokokai Mishi Clinic, Japan

- **Mental Health Equity in the Climate Crisis**

Dr. Sean Kidd, Division Chief of Psychology at Centre for Addiction and Mental Health, Canada

- **Scaling Up the Philippine Mental Health Data and Information System**

Dr. Beverly A. Azucena, Chief of Medical and Professional Staff, Hospital Services at National Center for Mental Health, Philippines

5:45-6:00pm: Break



6:00-6:30pm: Mini-plenary #2:

- **Digital Mental Health: Closing the Equity Gap**

Dr. Anil Thapliyal, Executive Director of e-Mental Health International Collaboration, New Zealand

6:30-7:00pm: Lightning Talks Panel #3:

- **The Gendered Relationship Between Maternal Depression and Adolescent Internalizing Symptoms**

Dr. Mellissa Withers*, Program director at Association of Pacific Rim Universities, Global Health Program and Associate Clinical Professor, Keck School of Medicine, USC and Dr. Michelle S. Livings, Princeton University, United States

- **Application of Digital Technology in the Care of ADHD**

Dr. Vincent Chin-Hung Chen, Professor, School of Medicine, Chang Gung University, Chinese Taipei

- **Digital Mental Health in Singapore**

Dr. Daniel Fung, CEO of Institute of Mental Health, Singapore

7:00-7:30pm: Reflection and Wrap Up - Digital Hub Executive

*Presenting author