

Care, Collaborate, Lead: Digital and Mental Health Equity in the Asia Pacific

Questions for Audience Participation and Feedback

Session 1: Innovations in Digital Mental Health

Dr. Emma Morton: What specific challenges in mental health equity and digital health in the Asia-Pacific could be addressed using co-design methods?

Dr. Kendall Ho: Digital mental health practices: are they good for our patients and our profession?

Dr. Jasmine Noble, Ali Zamani and Mohamad Ali: Who is responsible for challenging or addressing misinformation in health? If it is us, what can we do better?

Session 2: COVID-19 and Mental Health Equity

Dr. Joseph Puyat: What other health promotion strategies would you recommend to address current gaps in treatment, supports and services?

Prof. Michael Lee: What would you change if we have a chance to re-develop this project, in particular, making this as health promotion in addition to awareness promotion?

Dr. Skye Barbic: If we had to design the worst possible system to understand the needs of diverse youth throughout the pandemic, what would we do?

Session 3: Collaborative Engagement in Global Mental Health

Dr. Mellissa Withers: How can we better engage the community/ people with lived experience in our work?

Overall Comments and Questions:

Tell us about you! Are you doing work that is relevant to our themes? Are you interested in collaborating?

Any other questions, comments, thoughts or inspirations?

Please send any responses to: veronica.caparas@ubc.ca