Care, collaborate, lead: Research on Mental Health Equity and Digital Health in the Asia Pacific
(Inaugural Conference of UBC’s REMAP-D Research Cluster)
26 October 2021, 2:00 – 6:00 p.m. PT, Zoom

Participants Sign-in ............................ 1:45 – 2:05 p.m.
Opening remarks . . . Dr. Raymond Lam & Dr. Jill Murphy 2:05 – 2:20 p.m.

Presentations

Session 1: Innovations in Digital Mental Health 2:20–3:20 p.m.

* Dr. Emma Morton, Bipolar Bridges: A digital health innovation targeting quality of life in bipolar disorder
* Dr. Kendall Ho, Influence of Hot Digital trends in mental health
* Dr. Jasmine Noble, Mr. Ali Zamani, Mr. Mohamad Ali Gharaat, Developing and Implementing a Machine Intelligence Mental Health System Navigation Chatbot to Support Healthcare Workers in Two Canadian Provinces

Dr. Raymond Lam
Moderator

Session 2: COVID-19 and Mental Health Equity 3:25–4:25 p.m.

* Dr. Joseph Puyat, Depressive symptoms among Filipino young adults: estimating prevalence and identifying health promotion strategies
* Professor Michael Lee & Ms. Laura Wang, Digital health promotion: Enhancing health and wellbeing for a diverse audience during COVID
* Dr. Skye Barbic, Understanding mental health equity through the perspectives of youth throughout the COVID-19 pandemic: a longitudinal qualitative study

Dr. Jill Murphy
Moderator

Health Break and Final Poster Viewing and Voting . . . . . . . 4:25–4:55 p.m.

Session 3: Collaborative engagement in global mental health 4:55 – 5:25 p.m.

* Dr. Mellissa Withers, Building authentic partnerships in global mental health
* Dr. Videsh Kapoor, Global Health Initiative: Bhutan Youth Mental Health Project

Dr. Erin Michalak
Moderator

Discussion (strengths and opportunities) Dr. Raymond Lam, Dr. Jill Murphy Dr. Erin Michalak 5:25–5:50 p.m.

Announcement of ePoster Award and Closing remarks ................. Dr. Jill Murphy
Inaugural Conference Director 5:50–6:00 p.m.